

helps.

A COLLECTION OF SUGGESTED RESOURCES
FOR REPRODUCTIVE GRIEF CARE HELPERS



REPRODUCTIVE
LOSS NETWORK™

CONNECTING FAITH,
GRIEF AND HOPE

Have Confidence in Your Resources

Finding resources for your ministry can be time-consuming and, when in immediate need, overwhelming. We hope this small collection of our favorite resources will help you build your foundation of materials for those you support.

How We Select a Resource:

Reproductive Loss Network believes that offering Jesus as the answer to a broken and grieving heart is to present Christian, Biblical help and hope without apology. Jesus is the Wonderful Counselor who brings the ultimate comfort to the suffering soul. Therefore, the resources we select make it their primary goal to lead the reader or listener to Christ for answers to suffering and grief while proclaiming Scripture as the authority of all instruction in life, as it is the complete and sufficient Word of God (2 Timothy 3:16-17).

In addition, we recognize there are many excellent faith-based reproductive loss resources. And as such, this guide is not endorsing specific organizations or authors. Instead, these are suggestions for materials we use often. This guide is updated frequently, and we welcome your suggestions as well.

-- Tanya and Tricia --

Co-Founders

Tanya Flores is a certified counselor with the Association of Certified Biblical Counselors (ACBC) and co-founder of the Reproductive Loss Network. Tanya is also the Director of Reproductive Grief Care & Education at her local medical pregnancy clinic, where she leads a team of Reproductive Grief Care Advocates who provide support for men, women, and couples. Outside of the clinic work, she serves in her church's Soul Care program as a biblical counselor and is a member of the Grief Care Team.

Tricia Lewis, Ph.D. is an international grief care educator and co-founder of the Reproductive Loss Network. Tricia had the privilege of spending many years as an executive director for a pregnancy clinic in Northern California. She now provides grief education to individuals and groups, especially those in pregnancy help organizations. Tricia holds an M.A. in Human Services with a concentration in Trauma and Crisis and a Ph.D. in Psychology and Counseling.



"We would love to connect with you and help you create a culture of care for those impacted by reproductive loss and grief. Let us know how we can come alongside you."

Theology of Grief & Suffering

- [A Grace Disguised by Jerry Sittser](#)
- [A Grief Observed by C.S. Lewis](#)
- [A Sacred Sorrow by Michael Card](#)
- [Dark Clouds Deep Mercy by Mark Vroegop](#)
- [I Have PTSD: Reorienting after Trauma \(Ask the Christian Counselor\) by Curtis Solomon](#)
- [Finding God in My Loneliness by Lydia Brownback](#)
- [Gentle and Lowly by Dane Ortlund](#)
- [Grief: Learning to Live with Loss by Howard Eyrich](#)
- [God's Healing for Life's Losses by Robert W. Kelleman, Ph.D.](#)
- [His Promise in His Presence by Glenna Marshall](#)
- [In His Image: 10 Ways God Calls Us to Reflect His Character by Jen Wilkin](#)
- [Out of the Blues by Wayne Mack](#)
- [Overcoming Depression by Paul Tautges](#)
- [Safe & Sound by David Powlison](#)
- [Saints, Sufferers & Sinners by Michael R. Emlet](#)
- [Shame Interrupted by Edward T. Welch](#)
- [Suffering by Paul David Tripp](#)
- [Trusting God, Even When Life Hurts by Jerry Bridges](#)

Children & Heaven

- [Safe in the Arms of God by John MacArthur](#)

Children's Books on Grief

- [Goodbye to Goodbyes: A True Story About Jesus, Lazarus and an Empty Tomb by Lauren Chandler](#)
- [Henry Says Good-Bye by Edward T. Welch](#)
- [Mommy Lost a Baby: Emma's Hope in Grief by The Daily Grace Co.](#)
- [The Moon is Always Round by Jonathan Gibson](#)

*Walking through sorrow without understanding and embracing the God-given song of lament
can stunt the grieving process.*

Mark Vroegop in *Dark Clouds, Deep Mercy*

Theology of Biblical Counseling & Discipleship

- [A Theology of Biblical Counseling by Heath Lambert](#)
- [Counseling One Another by Paul Tautges](#)
- [How People Change by Timothy S. Lane & Paul David Tripp](#)
- [Instruments in the Redeemer's Hands by Paul David Tripp](#)

Grief-related Devotionals

- [A Small Book for the Hurting Heart by Paul Tautges](#)
- [Grief: Walking with Jesus by Bob Kelleman](#)
- [Grieving the Child I Never Knew by Kathe Wunnenberg](#)
- [Every Moment Holy: Volume II – Death, Grief, and Hope by Douglas McKelvey](#)
- [Healing After Loss by Martha Whitemore Hickman](#)
- [Hope When It Hurts: Biblical Reflections to Help You Grasp God's Purpose in Your Suffering by Kristen Wetherell and Sarah Walton](#)
- [In His Hands by Eric M. Schumacher and Jessika Sanders](#)
- [New Morning Mercies by Paul David Tripp](#)
- [Quiet Assurance by Thelma Nienhuis](#)
- [Take Heart: Daily Devotions to Deepen Your Faith by David Powlison](#)

Human emotion is not counter to faith; it is the means through which we deepen our reliance on God as we grow in the knowledge of who he is and how he loves us.

Thelma Nienhuis
in Quiet Assurance

Clarifying Concept of Self-Forgiveness

- [I Just Can't Forgive Myself: A Biblical Alternative to Self-Forgiveness by Robert D. Jones](#)
- [Forgiveness: It May Not Work the Way You Think it Does \(Refining the Conversation\) by Warren G. Lamb and Truth in Love Biblical Counseling Center](#)
- [All Things New: Finding New Life Through Forgiveness by Cheryl Braden](#)

For The Helper

- [What Grieving People Wish You Knew about What Really Helps by Nancy Guthrie](#)
- [I am Praying for You](#)
- [X-Ray Questions by David Powlison](#)
- [Zeal Without Burnout](#)

Even if your womb remains forever empty, your heart can be full. At your darkest hour, you can stake your hope on the fact that God knows your pain, and he promises that he will never leave or forsake you.
Chelsea Patterson Sobolik

Miscarriage & Stillbirth Support

- [You Are Still a Mother: Hope for Women Grieving a Stillbirth or Miscarriage by Jackie Gibson](#)
- [Just Be Honest: How to Worship through Tears and Pray Without Pretending](#)
- [Miscarriage by Stephanie Green](#)
- [Held: 31 Biblical Reflections on God's Comfort and Care in the Sorrow of Miscarriage by Abbey Wedgeworth](#)
- [Help! My Baby Died by Reggie Weems](#)
- [Ours: Biblical Comfort for Men Grieving Miscarriage by Eric Schumacher \(Men's 31-day Devotional\)](#)
- [Loved Baby: 31 Devotions Helping You Grieve and Cherish Your Child by Sarah Philpott, PhD](#)
- [Labor with Hope: Gospel Meditations on Pregnancy, Childbirth, and Motherhood](#)
- [Grace Like Scarlett by Adriel Booker](#)

Infertility Support

- [Longing for Motherhood by Chelsea Patterson Sobolik](#)
- [Aching for a Child by Deb Gruelle \(also for miscarriage support\)](#)
- [Every Bitter Thing is Sweet: Tasting the Goodness of God in All Things by Sara Hagerty](#)
- [Infertility: Comfort for Your Empty Arms and Heavy Heart by Amy Baker](#)
- [Pathway to Peace and Joy: Beyond Infertility by Mary Hammell](#)

After Abortion

- [Moving Forward after Abortion by Camille Cates](#)
- [Healing After Abortion: God's Mercy for You by David Powlison \(Women and Men\)](#)
- [Healing the Father by Chris Rainey \(Men\)](#)
- [Reclaiming Fatherhood by Jill Marquis, Guy Condon, and David Hazard \(Men\)](#)
- [SaveOne The Men's Study by Jack and Sheila Harper](#)
- [SaveOne The Ripple Effect \(Loved Ones\) by Sheila Harper](#)
- [SaveOne: A Guide to Emotional Healing After Abortion by Sheila Harper \(Women\)](#)
- [Forgiven & Set Free by Linda Cochrane](#)

Resources for Medical Professionals

- [Rachel's Gift - rachelsgift.org/healthcare-professionals.html](http://rachelsgift.org/healthcare-professionals.html)
- [Bridget's Cradles - bridgetscradles.com/hospitals](http://bridgetscradles.com/hospitals)

Online Resources

Abortion Support

- AnEvenPlace.com
- HealingHearts.org
- h3helpline.org
- SaveOne.org
- Deeperstill.org
- ReassembleLife.com (Retreats)

Infertility

- DancingUponBarrenLand.com
- saltwaterandhoney.org/blog
- Thelmanienhuis.com/blog

For Friends and Family

- [10 Ways to Love a Grieving Friend](#)
- [How to Pray for Someone](#)
- [Caring for a Friend after a Miscarriage or Stillbirth](#)
- [What Not to Say](#)

Miscarriage, Infant Loss

- Foreknownministries.org
- Twelve12ministries.org
- [While We're Waiting](#)
- TheMorning.com
- Mend.org
- SufficientGraceMinistries.org
- HopeMommies.org
- Bridgetscradles.com/hopeonline
- [Rachel's Gift - rachelsgift.org/grief-support.html](http://rachelsgift.org/grief-support.html)

Prenatal Diagnosis

- [Be Not Afraid](#)
- Prenatal Diagnosis - prenataldiagnosis.org - a very thorough directory of providers and resources
- Abel Speaks - abelspeaks.org
- Our Little Sparrows - ourlittlesparrows.org
- Verity's Village - veritysvillage.com

National Directories for Pregnancy Support Clinics & Related

- American Association of Pro-Life Obstetricians & Gynecologists - aaplog.org
- HERPlan - herplan.org
- CareNet - care-net.org
- HeartBeat International - heartbeatinternational.org



Journals, Remembrance Gifts & More

- [Hope Again Collective Jewelry](#)
- [Hope Mommies Gifts](#)
- [In His Hands Ministry](#)
- [Love and Trust Ministries](#)
- [The Daily Grace Co.](#)
- [Twelve 12 Ministries \(Butterfly box and other gifts\)](#)
- [We Rise Together](#)
- [Willow Tree Forget Me Not or Remembrance figurines](#)

Helper Networks & Publishers

- **Commissioning**
- [Reproductive Loss Network's Commissioning for Reproductive Grief Care Helpers](#)

Abortion Recovery Podcasts

- Abortion Recovery Network Podcast - rss.com/podcasts/abortion-recovery-network

Biblical Counselor Networks (articles, blogs, podcasts, videos)

- Association of Christian Biblical Counselors - biblicalcounseling.com
- Biblical Counseling Coalition - biblicalcounselingcoalition.org
- Christian Counseling & Education Foundation - ccef.org
- Truth in Love Biblical Counseling - TILBCC
- Institute of Biblical Counseling & Discipleship - ibcd.org
- Center for Biblical Counseling & Discipleship - thcbcd.org

Book Publisher Websites for Mini-booklets of Various Topics

- New Growth Press - newgrowthpress.com
- PrP Publishing - prpbooks.com
- Shepherd Press - shepherdpress.com
- Focus Publishing - focuspublishing.com





Thank you...

For taking the time to read through Helps, our Suggested Resources Guide. As we continue our research and reading, we promise to keep you, the helper, at the forefront of our minds. Our goal is to continue to present practical helps for you and your ministry so you may serve at your utmost.

Stay connected...

We'd love to meet you and discuss how we may serve alongside one another. Please scan our code below to visit our website or email us. You may also subscribe to our monthly e-newsletter and follow us on social media. We hope to hear from you soon!

Wonderful course! I truly appreciated the heart and care of the instructors. Their commitment to the sufficiency of Scripture was refreshing. I wish all church leaders could hear the wisdom they have to share. You're on the right track. Keep doing what you're doing!

Cheryl Braden
Life Tribe & Legacy Incorporated

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Scan with your
smartphone to learn
more about us, our
trainings and
online resources.